



**Katedralacho**



**ULO**

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**Amkam Xantichim  
Hataram Kor !**



# SEVEN INSPIRING QUOTES BY APJ ABDUL KALAM

APJ Abdul Kalam was an Indian aerospace scientist, an outstanding statesman and one of the most celebrated presidents of India who inspired the youth to dream big. He made some major contributions to India's space and defence projects. Below are 7 inspiring quotes by the Missile Man of India.



1. 'Knowledge cannot be taken away from anyone except by obsolescence.'
2. 'Dream, dream, dream. Dreams transform into thoughts and thoughts result in action.'
3. 'Failure will never overtake me if my determination to succeed is strong enough.'
4. 'Don't take rest after your first victory because if you fail in second, more lips are waiting to say that your first victory was just luck.'



5. 'Be Active! Take responsibility! Work for the things you believe in. If you do not, you are surrendering your fate to others.'
6. 'I reminded myself that the best way to win was to not need to win. The Best performances are accomplished when you are relaxed and free of doubt.'



7. 'You cannot change your FUTURE, you can change your HABITS. And surely your HABITS will change your FUTURE.'



## AMI XANTICHI HATIARAM, BHORVONXEAN FUDDEM VETANV

**S**etembrache 21 ver ontoraxtrik Xanticho dis mhunn ami monoilo ani zhogddim-zhuzam, himsa, onit, ot'teachear, zulumxai ani broxttachear zim monxeamchi xanti vibaddtta tem poisaun, amchea somazant, zogant, rajeant, desant ani sonvsarant XANTI nirmann korunk soglleamnim vavrunk ho dis amkam ugddas korta. Sonvsarantle vorixtt neta ani dusream mollar vavurpi bore monis koxim xantichim hatiarame zale ani xanti pasot tannem koslem bolidan dilem tem hea disak ami kherit bhaxen niallt'tanv. Toxench, amchea Bharat desant, Janerache 30ver ami xantidivas monoitanv kiteak tea disak amchea desant Mahatma Gandhi, hea vorixtt netacho khun kel'lo. Ek ahimsa (non-violence) prachar korpi Bharatacho neta, bhed-bhav astana porian soglleam nagrikank ekcharan, mogan ani bhavponnan jieunk ulo martolo netak himsa vorvim aplo jiv diuncho poddlo. Otombrache 02rer ami, Kristanvam, sant Francis de Assisi, hea xanti pasot vavurtolea ani apnnakuch xantichem hatiar kor mhunn magtolea mahan monxeachi porob somarombhtanv. Xanti khatir vaurunk ani magunk amkam soglleank zobabdari asa.

**Poile suvater: ami amchech bhitor xantichim monxeam zaunk goroz.** Ven. Archbishop Fulton Sheen, zo nhoich fokot ek boro Devachea Utracho porgottnnar punn to xantichem hatiar zaun Jezuchea pattlavdaram modem xanti haddunk vavurlo, (Peace between Roman Catholic Church, the Eastern Churches and the Protestant), to aplea eka pustokant zachem nanv "Peace of soul" oxem mhunnnta monxeachea otmeant xanti na zalear sonvsarant xanti ieuchina (unless there is peace in the soul of man, there cannot be peace in the world). Jea monixachean apnnachech bhitor xantin jieunk zaina tachean dusream sovem xantin jieunk zaunchem na (A

person who is not at peace with himself will not be at peace with his fellow human beings).

**Dusre suvater: amchea ghorabeant ani somudaient ami xantichim hatiarum zaunk goroz.** Jedna ami amchea ghorcheank zaite pautti favo to mhan-resped diunk visortanv, tanchem boreponn ollkhun tankam “appreciate” korche suvater tacher porddo ghaltanv ani “taking it for granted”, amchea kuttumbachea ani somudaiechea vangddeanche hok’k (rights) ami paiam tollak mostitanv, tednam ami nhoich tanchi xanti vibaddttanv punn amchi-i monam xantin asonanv. Amchea somudaient xanti asunk nibel gorjechem. Jezuchim pattlavdaram koxim ami adleam Kristanvam bhaxen mogan, xantin, eka-mekachea uskean jieunk gorjechem. Heach khatir Povitr Sobha amkam lhan somudaianim jieunk apoita. Heam disamnim jednam ami Firgoz Gonvllik Sobha novena sthapunk vetanv, tednam ami thoddea amcheam firgojecheam somudai-ianim adol-bodol kela. Vhodd asleo teo lhan somudaio korunk nirnnoi ghetla. Oxem korun nhoich fokot ek bori ani “all representative” firgoz gonvllik sobha ghoddun haddunk punn lhan Kristi somudaianim amchea firgozkarank mogan ani xantin jieunk sopeponnam diunk.

**Tisre suvater: amchea rajeant, desant ani sonvsarant xanti asunk gorjechem.** Somajik mollar xanti na zalear rajeachi vo desachi vo nagrikanchi udargot zaunk pavona. Punn amchea atanchea kallari ami ek danvti nodor marit zalear amkam disun ieta kim xanti khatir nhoi punn himsa (violence) khatir vavurtole neta amkam polleunk mellttat. Tea pasot nhoich fokot ami xanti pasot magunk goroz, punn ami zonn eklo xanti khatir vaurunk nibel gorjechem.

Ami, Kristanvam, bhorvonxeachim monxeam. Amkam Devacher bhavart asa ani Jezu, Xanticho kunvor, hachea Utrancher bhorvonso asa. Dekhun ami amchea hatant xantichi divtti ghevun bhorvonxean fuddem vetanv ani amkam xantichim hatiarum kor, (‘make me a channel of Your peace’), mhunn sant Francis de Assisi hachi mozot magtanv.

Tumcho Vigar



(Rev. Can. Rosario Oliveira)



# SERVANT LEADERSHIP

## Rooted in CHRIST

By Adsila Alfonso

**W**hen we think of Christian leadership, we have to begin by filtering out many of the worldly models we have consciously or sub-consciously acquired.

Christian leadership is all about service- it's a foot-washing ministry. The source and power of effective Christian leadership lies in the leader's own relationship with the Lord, and not in systems, methods and techniques

Of course these things are very useful, and we need to be trained in some basic skills. But we are called to be God and people- centered. You and I are not great healers, teachers, pastors or reconcilers- however many courses we may



have attended and however well-trained we may be. We are ordinary weak and sinful people, just as vulnerable as those for whom we are caring and those we are leading.

### **GOD'S WAYS ARE NOT OUR WAY'S**

God has chosen us and he wants to use us as channels for his unlimited love and power. Don't ask me why most of us are not particularly impressive but we can be encouraged by looking at the great leader in the bible. God chose David to succeed Saul (1 SM 16) but when Samuel came to the family of Jesse to anoint the future king, David was still out looking after the sheep. His father hadn't even bothered to call him back to meet the great prophet! "But my ways are not your ways", says the Lord, and he proves it time and again by choosing those who to us seem weak and foolish. Efficient,

competent, relevant, successful-none of these descriptions count for very much in God's eyes. so what sort of people is he looking for?

## **ARE WE REALLY MEN AND WOMEN OF GOD?**

A Christian leader is called to lead people to Jesus Christ. The word "lead" means to guide or to go ahead of, so we can only be leaders if we are determined to draw closer to Jesus Christ ourselves and to help others do the same. It is not enough for the priests and ministers for the future to be moral people, well trained, eager to help their fellow humans, and able to respond creatively to the burning issues of their time. All of that is very valuable and important, but it is not the heart of Christian leadership." "The central question is, are the leaders of the future truly men and women of God, people with an ardent desire to dwell in God's presence to listen to God's voice, to look at God's beauty, to touch God's incarnate Word and taste fully God's infinite goodness?"

## **"GOD CHOSEN WHAT IS FOOLISH BY HUMAN RECKONING"**

Let me point out again what unlikely people God has often chosen as his life with leaders. Look at Simon Peter – after sharing his life with Jesus for three years he could still stay under pressure "I do not know the man". Only after the most dramatic experience of the power of the Holy Spirit was he ready to assume the responsibilities of the leadership for which Jesus had prepared him. But the Lord knew what he was doing when he chose Peter, and he knows what he's doing when he chooses us.

## **WHAT ABOUT US**

Are our lives also build on him, or is our cornerstone somethings else? Without the right foundation we'll never be the right kind of leader – God's kind. So before we look at all those others, particular questions, how about the hard look at our own relationship with the Father, The Son, and the Holy Spirit? If everything fine, we have nothing to fear – when people follow us we can be confident they too will be drawn closer to God. But if everything isn't fine.... Then We'd better stop and do something about it before we go any further.

# Love brings PEACE in Marriage

Fr. Rosario Oliveira

**P**ace in the natural Marriage: God established marriage as a “natural institution” between a man and a woman. It means, all the human beings who are called for marriage must follow God’s natural laws in their marriage as stipulated in Gen. 2: 18-24. The ‘natural marriage’ is contracted between a male and female who are not only non-baptised but also between a baptised/Catholic and a non-baptised/invalidly baptised person. Many a time, our Catholics fail to



distinguish between a natural marriage and a Sacramental marriage. When it is celebrated between a Catholic party and non-baptised person, it remains a natural marriage. Marriage can be called a “Sacrament” only if it is celebrated between the two Catholics/validly baptised persons. One may ask, why can’t the Catholic party consider his/her marriage with a non-Catholic party as a Sacrament? It is because marriage is seen as ‘one’ institution. Since, the non-baptised party cannot receive any other sacraments because he/she has not received the first sacrament (baptism), the Catholic party cannot also receive the Sacrament of marriage because of his/her non-baptised spouse. For this reason, the marriage between a Catholic and non-baptised is not to be celebrated within the Eucharist/Mass (which is a Sacrament). It has to be celebrated either before the Mass followed by a thanksgiving Mass or after the Mass. I have heard that even some Catholic priests (just to please the

parties) celebrate such a marriage within the Mass. This is against the doctrine and teaching of the Church.

One may further question, if marriage between a Catholic and a non-baptised person is not a Sacrament, then why does the Church allow/celebrate such a marriage? In the 1917 Code of Canon Law, the norms regulating such marriages were very stringent. One of the reasons, such marriages were not permitted, was because the Parties, post marriage, may not live in Peace and that the Catholic party's faith may be in jeopardy. However, in the Vatican Council II, the Holy Spirit guided the Council Fathers to permit such marriages only if the Parties contracting the marriage are deeply in love with each other. So, LOVE between the Parties is seen as a force that unites the two persons into one. The Love surpasses everything and all the differences that may exist between the Parties including that of faith and worship. Love can also reconcile all their differences and bring Peace between them. When there is genuine love between the couple, they will overcome all obstacles and, uphold the dignity and honour of the other spouse above everything else, establish peace in their marital relationship. True Love generates understanding, forgiveness, mercy, respect, acceptance, faithfulness, sacrifice and appreciation for the other spouse thus brings harmony and Peace between them. In Gen. 2: 18-28, we find so many natural qualities that make the "natural marriage" between two non-baptised or between a Catholic and a non-baptised, a peaceful marriage. If each of the spouses considered the other as 'flesh of my flesh and bone of my bones', and treat the other as his/her 'own flesh', 'own bones', 'own blood', 'own skin', 'own heart' and 'own soul' then there will be PEACE between the couple. The Peace which the Creator has established in the nature. When the Catholic party takes initiatives in establishing such a Peace in the family of a non-baptised party, it can also serve as a means of evangelization.

Jesus has raised up the natural marriage into a "Sacramental marriage" between two validly baptised persons. If what is said above brings PEACE in a natural marriage, how much more it should do so in the Sacramental marriage between the two Catholics/validly baptised Christians? We shall reflect on the Sacramental character of marriage in another issue of "ULO".

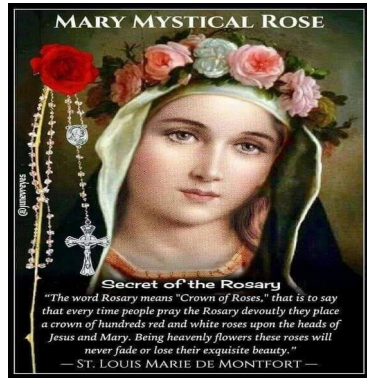


# The Holy Rosary

By Francisco F. Caiado

The name “Rosary” comes from the flower, the rose, which in medieval times was seen as a symbol of life eternal. Mary, the first to be redeemed by Christ, has been called Mystical Rose. She reminds us that we are called to the eternal life of Paradise.

The Rosary is more than a prayer. It symbolizes our destiny in and with God according to Mary’s example. To live up to this destiny, we need faith in God’s marvellous deeds for us, perseverance in his ways (hope) and a practical attitude toward living our faith, that is charity. The Rosary has always been considered a powerful weapon to preserve the Christian Faith and to ward off the assaults of the devil and the enemies of the Church.



## Importance of Rosary in our life

Praying the Rosary allows us to encounter Mary and to enter the mysteries of Jesus Christ. From this incarnation, to the Cross, to the Resurrection, we come to understand that God has revealed himself and saved us. Mary the Blessed Virgin Mary, Our Lady of the Rosary, continue to inspire us to a life of discipleship.

Rosary is Mary’s instrument to bring us closer to her divine Son, and to become more involved in our lives as her children. Praying the Rosary is therefore as relevant and necessary today, and it will surely prove as efficacious as well, as it has been down the centuries.

In the recent apparitions, the Blessed Virgin Mary earnestly requested that the Rosary be prayed frequently and fervently for the world peace and for the conversion of sinners.

In Goa, our forefathers have left for us a legacy of having an evening family prayer together in our homes, that is “Rosary”, which keep our families united. Also the ‘Saibinn’ tradition, where the

Rosary is main prayer, promotes neighbourly bonding as all come together to welcome the statue of Mother Mary into our homes. Here we pray rosary, litany, sing Ave Maria, and share spirit of fellowship. The tradition has a practical purpose too – of promoting harmony and forgiveness, keeping families united and establish good relationship in the neighbourhood.

### **Summary of the mystery of the Rosary**

The Mysteries of the Rosary are meditations on episodes in the life and death of Jesus from the Annunciation to the Ascension and beyond. These are traditionally grouped by fives into themed sets known as the Joyful Mysteries, Sorrowful Mysteries, Glorious Mysteries and the Luminous Mysteries. (After every mystery, 1 Our Father, 10 Hail Marys and 1 Glory be is prayed)

*The Joyful Mysteries* are marked by the joy radiating from the event of the incarnation. The Angel Gabriel appears to Mary, announcing She is to be the Mother of God. Elizabeth greets Mary: “Blessed are Thou among women and blessed is the fruit of thy womb:” The Virgin Mary gives birth to the Redeemer of the World.

*The Sorrowful Mysteries* cover more than just the death of Christ. In these mysteries of the Lord’s suffering and death, we are brought deep into the pains of humanity which Christ humbled himself to experience – desolation, mortification, humiliation, exhaustion and death.

*The Glorious Mysteries* focus on the Glories of God through His Triumphant Resurrection, Glorious Ascension, and the Supernatural Decent of the Holy Spirit, as well as through His most perfect created being, the Blessed Virgin Mary, in her Glorious Assumption and Coronation in Heaven as Queen of heaven and earth.

*The Luminous Mysteries* refer to Christ’s Public life, and are his Baptism in the Jordan; his self – manifestation at the wedding of Cana; his proclamation of the Kingdom of God, with his call to conversion; his Transfiguration; and his institution of the Eucharist “as the sacrament expression of the Paschal Mystery”.

The month of October is dedicated to the Holy Rosary. All of us live busy and distracted lives but we need to step back to retreat from the busyness and distractions of our day, switch off the mobiles, and social media, and quiet our minds. Take a moment today to pray the Rosary. Offer it for a friend or family member, for peace of mind, for peace in the world. May Jesus and Mary bless us all.

# Mother's Day Celebration – A Report

By Catechist: Miss. Manisha Costa



**O**n the 08<sup>th</sup> of September, a heart-warming and beautiful Mother's Day was celebrated by St. John Facundo Somudai and Son'dexkaram – Catechists liturgy committee. All the mothers, as they arrived to Church were soon escorted by the catechists to their seats for the Eucharistic celebration. The mass was celebrated by Fr. Rosario Oliveira, our Parish Priest.

After the Eucharistic celebration there was a small program which was organised by the catechism children. A lovely Power point presentation was done by all the class group of catechism children for their mothers, the children had spoken few lines on their mother. Also a beautiful skit was prepared and performed by the Satvem pustok children on; "On Mother's Life".

Mother's speech was addressed by Mrs. Lorraine Fernandes, she had expressed about her motherhood experiences.

Cards, bookmark, handmade flowers which were prepared by children were presented for the mothers that were present for the event.

Fr. Rosario Oliveira spoke a few thought-provoking and lovely words for mothers. Vote of thanks was given by Doris Gomes.

The program ended by distributing sweets for all parishioners gathered.

The combination of the Eucharistic celebration, children's presentations, and Mrs. Lorraine's speech have made it a special day for all the mothers present. It was wonderful to see such appreciation and love for mothers in our Parish community.

# Cherish the memories of Karma Celebration

Sr. Vailankani, fmck



**O**n the 10<sup>th</sup> of September, 2023 a unique event took place in our Parish at Se Cathedral, the Hindi speaking brothers and sisters residing in our parish celebrated the “Karma Feast” i.e “New Harvest Festival”.

The celebration began at 11.30am with the Eucharist celebration in the Cathedral. Fr Michael from the Society of Pilar was the main Celebrant. Many faithful took part in the Eucharist Celebration.

The Entrance procession was led with a dance in traditional Tribal Adivasi Style. The Main Altar was meaningfully decorated with the Karma Plant/Branch, keeping in mind the theme of the day. In the introductory words the meaning and significance of the “Karma Feast” was well explained.

The meaningful Liturgy and Oration singing added Joy to participants actively in the Holy mass. The Celebrant in his preaching highlighted the day’s readings and the importance of Karma celebration as a means of praising and thanking God for the blessing of the successful abundant harvest.

After the Holy Eucharist a “Karma Dance Competition” was held in the Cathedral Ground, wherein Four Groups of our Hindi Speaking Community hailing mainly from Chhattisgarh and Jharkhand participated, showcasing their rich culture, eye





catching attire and graceful moves to melodious music played on traditional instruments.

Dances were well performed and the prizes were distributed with trophies and gifts for the respected groups. We could feel the real joy and happiness in the faces of the people.

After the prize distribution the parish priest Fr. Rosario addressed the gathering praising their contribution in the society and also their talent and vibrant community so far away from what they know as home. The presence of Fr. Rosario and Fr. Seby added more meaning to the celebration as they are the pastors of the flock.

The delicious lunch prepared by the Parish was a great reward for the people, a respite from their daily chores sharing a joyous and relaxing day with friend and family.

Thanks to Almighty God and to all who Contributed to the event.

जय येशु और खुश खुश कर्मा परब !!





# Report of Holy hour with children's experience

Sondexkar: Karrie & Sangeeta



**O**n 20<sup>th</sup> August we had the Holy Hour for the fifth and sixth catechism class children. The theme chosen was “Jesus our Divine friend stay with us.” We chose this theme because we had just celebrated friendship day. We also had an activity for the children where in a symbolic way they offered themselves to Jesus in the form of a flower and took a friendship band from Jesus, in the form of a rosary, a band that reminds us of His love for us, to pray for ourselves and for others. We also offered our prayers and asked forgiveness from our Divine friend Jesus.

It felt so heartouching to pray with the whole catechism class. We prayed to Jesus and asked for our forgiveness, I closed my eyes and prayed

**Anaiah Afonso**

My experience today during the holy hour was very nice, when I prayed for me and my family I heard the voice of Jesus in my heart saying “ I will bless & heal all of you.” Thank you Jesus

**Eliora Pires**

I felt like Jesus was sitting with me and talking with me. I felt like I just came from confession. I felt so blessed, joyful and happy.

**Liza Pereira.**

It was a great experience that we got small rosary like a friendship band that we can pray I was happy that we prayed and sang.

**Dia Dourado**

It was a good experience for the Holy Hour with all, we prayed we learn many things and I am happy to have experienced that.

**Lisandra . A. Picardo**

I had a good time, I liked the rosary and I also liked the part when we had to say a small line of the pray.

**Aarush Clem D'Souza**

During the Holy hour, I felt that Jesus was very close to me. My heart was filled with joy. Jesus I trust in you.

**Shawnal Dias**

As soon as I entered the Holy Sacrament chapel, I met the other class and all of us sat down we said so many prayers and I also got to talk to Jesus which touched my heart. We sang so many songs. It was an amazing experience.

**Nathan Ferreira**

The Holy Hour gave me strong feeling of quiet communication with our Lord. I felt I am very closer to him. When I left the Holy Hour, I feel the sense of happiness. Thank you dear teachers and pastors for conducting this Holy Hour for us.

**Johan K Ouseph**

Today the 20th August 2023, was the day of adoration. It was a wonderful experience were we rebound our faith with the Lord and got to know myself in a better way. It was a time were we pray for others as well as for ourself. Thanks to the teachers and the Parish priest for giving us these opportunities. God bless everyone.

**Alida Menezes**

Thank you God for the beautiful day. I realised the importance of life. I came more close to you. I poured my heart out to you. I feel light and happy after today's adoration. My heart and mind is at peace.

**Sancia Rosario**

During the adoration I felt complete peace of mind, it was only me and Jesus. It felt like I was actually talking to Jesus. It was a wonderful experience.

**Eden Silveira**

I felt the presence of Jesus in my heart. It felt like I was sharing my sorrows and happiness with my best friend Jesus. It was a great experience for me in the chapel.

**Leanza Pereira**

Today I went to the Prayer room. Jesus was there. I talked to him, I prayed for forgiveness for all the sin I have committed. I feel blessed by Jesus and I would love to come back and pray to Jesus and talk to Him again.

**Alaina D'Souza**

I felt like I was talking to Jesus. I felt like I was alone with Jesus and I felt like Jesus was sitting next to me. Thank you Jesus for helping me in all my ways.

**Aliya Fernandes**

I felt happy and joyful in God's presence. I felt He was next to me.

**Esther D'Souza**

I felt peace and happiness. I got a peaceful feeling that I never felt before in my life.

**Enosh D'Souza**

# What are Angels?

Compiled by: Khuris Milagr Ward

For centuries, artists have portrayed angels as beautiful humans with wings and glowing light, complete with halos, harps, and flowing white gowns. Angels have inspired all sorts of imaginative stories and depictions, but **what does the Bible say about angels?**

## God created angels

In the New Testament, Paul tells us that God created all things “visible and invisible,” and specifically includes the angelic world with the phrase “whether thrones or dominions or principalities or authorities” (Colossians 1:16).



The author of Hebrews suggests that all angels are “spirits” (Hebrews 1:13-14). When Jesus appears to the disciples, he asserts that “spirits” don’t have bodies like he does (Luke 24:39). In the Bible, angels can’t usually be seen by humans unless God reveals them (see Numbers 22:31, 2 Kings 6:17, Luke 2:13). However, from time to time angels took on a bodily form and appeared to various people in Scripture (Matthew 28:5; Hebrews 13:2).

Angels, like us, are individuals. God sends angels to warn, comfort, and guide people by communicating his messages to them.

**There are nine types or choirs of angels within three major groups.**

**Seraphim-** means “the fiery ones.” and they worship God continuously and say, “Holy, holy, holy is the Lord of hosts; the whole earth is full of his glory” (Isaiah 6:3).

**Cherubim (plural of cherub)-** These angels are the keepers of celestial records and hold the knowledge of God.

**Thrones-** They serve as God’s chariot and dispense his judgment in order to carry out his desires for us.

**Dominions or Dominations-** The angels exist in a state of transition

between the celestial and human worlds and are considered as heavenly governors, attempting to strike balance between matter and spirit, good and bad.

**Virtues-** virtues are in charge of maintaining the natural world, and they inspire living things in areas such as science.

**Powers-** Powers are border patrol agents between heaven and Earth. They are the angels of birth and death.

**Principalities-** Just like a principal in school, the principalities oversee everything. They guide our entire world.

**Archangels-** These, along with the angels, are guardians of people and all things physical.

**Angels-** They are guardians of people and all things physical. These angels are sent as messengers to humanity. Guardian angels come from this category. Angels may protect and warn humans, as well as act as warriors on behalf of God.

The Bible clearly tells us that God sends angels to protect people: “He will give his angels charge of you to guard you in all your ways. On their hands they will bear you up, lest you dash your foot against a stone” (Psalm 91:11–12).

On 29 September we celebrate the Feast day of the Archangels: St. Michael, St. Gabriel, St. Raphael.

**Saint Michael** the Archangel is the leader of all angels and of the army of God. This is what the title «**Archangel**» means, that he is above all the others in rank. St. Michael has four main responsibilities: to combat Satan, to escort the faithful to heaven at their hour of death, to be a champion of all Christians, and the Church itself and to call men from life on Earth to their heavenly judgment.

Today, St. Michel is invoked for protection, especially from lethal enemies. He is also the patron of soldiers, police and doctors.

**St. Raphael** is one of the Archangels who stand before the throne of the Lord, and one of the only three mentioned by name in the Bible, in the Book of Tobit. Raphael’s name means “**God heals.**”

St. Raphael is the patron saint of travelers, the blind, bodily ills, happy meetings, nurses, physicians and medical workers. He is often pictured holding a staff and either holding or standing on a fish.

**St. Gabriel** is an angel who serves as a messenger for God to certain people. Gabriel is mentioned in both the Old and the New Testaments of the Bible. First, in the Old Testament, Gabriel appears to the prophet Daniel to explain his visions. In the New Testament, Gabriel, is described as “**an angel of the Lord,**”

Gabriel is recognized as the patron saint of messengers, telecommunication workers, and postal workers.



# House to House visit of Mother Mary in St. Catherine Parish

## Group 1

Somudai	No. of houses	Tentative dates
St. Catherine	43	09/10/2023 to 20/11/2023
House of Bom Jesus	33	21/11/2023 to 23/12/2023
St Doming	22	02/01/2024 to 23/01/2024

## Group 2

Somudai	No. of houses	Tentative dates
St. Agustin	43	09/10/2023 to 20/11/2023
Khuris Milagr	57	21/11/2023 to 25/01/2024
St. Joseph Vaz	18	26/01/2024 to 14/02/2024

## Group 3

Somudai	No. of houses	Tentative dates
St Francis Xavier	16	09/10/2023 to 24/10/2023
St Paul	27	25/10/2023 to 20/11/2023
Our Lady of Piety	24	21/11/2023 to 14/12/2023
St. John Facundo	18	15/12/2023 to 10/01/2024
St Lazarus	09	11/01/2024 to 19/01/2024
St Ignatius	10	20/01/2024 to 29/01/2024

### Note:

- This is the tentative list with dates, actual dates may differ.
- Somudai leaders to kindly coordinate with their somudai families and other somudai leaders for smooth and hassle free visits of Mother Mary.
- Group 1 somudai Our Lady will come to the church on 23/12/2023 during Christmas and again start from 02/01/2024.
- Group 2 somudai Our Lady will come to the church on 24/12/2023 and go back in the somudai from 02/01/2024.
- Group 3 somudai Our Lady will come to the church on 24/12/2023 and go back in the somudai on 02/01/2024.
- Family taking Mother Mary on 9<sup>th</sup> October should come at 5:30pm in the church along with somudai leader. Parish Priest will say small prayer and bless before handing Mother Mary.

# DAILY READINGS FOR OCTOBER 2023

## Intentions of the Apostleship of Prayer

### For the Synod

We pray for the Church, that she may adopt listening and dialogue as a lifestyle at every level, and allow herself to be guided by the Holy Spirit towards the peripheries of the world

DAY	READINGS			
	1 <sup>st</sup> READING	PSALM	2 <sup>nd</sup> READING	GOSPEL
01 Sun.	Is. 66, 10-14c (VG II: 1696)	Ps. 130, 1. 2. 3 (VG II: 1821)	1 Cor. 7, 25-35 (VG II: 1808)	Mt. 18, 1-5 (VG II: 1839)
02 Mon.	Ex. 23, 20-23 (VG II: 1696 - 1697)	Ps. 90, 1-2. 3-4. 5-6. 10-11		Mt. 18, 1-5. 10
03 Tue.	Zec. 8, 20-23	Ps. 86, 1-3. 4-5. 6-7		Lk. 9, 51-56
04 Wed.	Neh. 2, 1-8	Ps. 136, 1-2. 3. 4-5. 6		Lk. 9, 57-62
05 Thur.	Neh. 8, 1-4a. 5-6. 7b-12	Ps. 18, 8. 9. 10. 11		Lk. 10, 1-12
06 Fri.	Bar. 1, 15-22	Ps. 78, 1-2. 3-5. 8. 9		Lk. 10, 13-16
07 Sat.	Ac. 1, 12-14 (VG II: 1750)	Ps. Lk. 1, 46-47. 48-49. 50-51. 52-53. 54-55 (VG II: 1750)		Lk. 1, 26-38 (VG II: 1755- 1756)
08 Sun.	Is. 5, 1-7	Ps. 79, 9+12. 13-14. 15-16. 19-20	Phil. 4, 6-9	Mt. 21, 33-43
09 Mon.	Jon. 3, 1-10	Ps. Jon. 2, 2+3. 4. 5. 8		Lk. 10, 25-37
10 Tue.	Jon. 3, 1-10	Ps. 129, 1-2. 3-4ab. 7-8		Lk. 10, 38-42
11 Wed.	Jon. 4, 1-11	Ps. 85, 3-4. 5-6. 9-10		Lk. 11, 1-4
12 Thur.	Mal. 3, 13-20a	Ps. 1, 1-2. 3. 4+6		Lk. 11, 5-13
13 Fri.	Joel 1, 13-15; 2, 1-2	Ps. 9, 2-3. 6+16. 8-9		Lk. 11, 15-26
14 Sat.	Joel 4, 12-21	Ps. 96, 1-2. 5-6. 11-12		Lk. 11, 27-28
15 Sun.	Is. 25, 6-10a	Ps. 22, 1-3a. 3b-4. 5. 6.	Phil. 4, 12-14. 19-20	Mt. 22, 1-14 (or 1-10)
16 Mon.	Rom. 1, 1-7	Ps. 97, 1. 2-3ab. 3cd-4		Lk. 11, 29-32
17 Tue.	Rom. 1, 16-25	Ps. 18, 2-3. 4-5		Lk. 11, 37-41
18 Wed.	2 Tim. 4, 10-17b (VG II: 1701-1702)	Ps. 144, 10-11. 12- 13ab. 17-18		Lk. 10, 1-9
19 Thur.	Rom. 3, 21-30	Ps. 129, 1-2. 3-4b. 4c-6		Lk. 11, 47-54
20 Fri.	Rom. 4, 1-8	Ps. 31, 1-2. 5. 11		Lk. 12, 1-7

21 Sat.	Rom. 4, 13. 16-18	Ps. 104, 6-7. 8-9. 42-43		Ps. 12, 8-12
22 Sun.	Is. 45, 1. 4-6	Ps. 95, 1+3. 4-5. 7-8. 9-10a+c;	1 Thes. 1, 1-5b	Mt. 22, 15-21
23 Mon.	Rom. 4, 20-25	Ps. Lk. 1, 69-70. 71-72. 73-75		Lk. 12, 13-21
24 Tue.	Rom. 5, 12. 15b. 17-19. 20b-21	Ps. 39, 7-8a. 8b-9. 10. 17		Lk. 12, 35-38
25 Wed.	Rom. 6, 12-18	Ps. 123, 1-3. 4-6. 7-8		Lk. 12, 39-48
26 Thur.	Rom. 6, 19-23	Ps. 1, 1-2. 3. 4+6		Lk. 12, 49-53
27 Fri.	Rom. 7, 18-25a	Ps. 118, 66. 68. 76. 77. 93. 94		Lk. 12, 54-59
28 Sat.	Eph. 2, 19-22 (VG II: 1703-1704)	Ps. 18, 2-3. 4-5		Lk. 6, 12-19
29 Sun.	Ex. 22, 20-26;	Ps. 17, 2-3a. 3bc-4. 47+51ab	1 Thes. 1, 5c-10	Mt. 22, 34-40
30 Mon.	Rom. 8, 12-17	Ps. 67, 2+4. 6-7ab. 20-21		Lk. 13, 10-17
31 Tue.	Rom. 8, 18-25;	Ps. 125, 1-2ab. 2cd-3. 4-5. 6		Lk. 13, 18-21

# Outreach Program

Report by **Valencio D'Souza**  
(Youth joint treasure)

## *The Bible says God loves a cheerful giver.*

On 3<sup>rd</sup> September the youth organized a program wherein they brought food items, toiletries, and clothes from their homes and came to the Cathedral in the evening and moved out together with Fr Seby Vaz. Like Jesus sent his disciples two by two ahead of Him the youth were dropped two by two to their destinations in and around Panjim.

We felt really good walking around and distributing whatever we had for the poor people living on the streets seeing them smile made us smile too. No words will be sufficient to express the happiness and smiles on the faces of the poor. They were really grateful for whatever we gave them. Later that evening after distribution; Fr Seby took the youth to Outdoors, Miramar where we all sat together ate sandwiches that were prepared by the hands of the youth at the Priest residence and shared our experiences about the outreach program with one another.

Overall the youth members had a really good experience. They (The Youth) realized that they should be happy with what they have as there are poor people who can't even afford to go to a hotel to buy food or even to a shop to buy what they need. Father encouraged us to always think about the poor and to do the same even in the future. Like Aesop says in union there is strength so a big thank you to Fr Seby Vaz and the youth members present for being the strength needed to make this event a great success.

# PASTORAL PLANNER

## OCTOBER 2023

DATE AND DAY	ACTIVITY AND EVENT	TIME	SOMUDAI/ASSC
01/10/2023-SUN 07/10/2023-SAT	NOVENA OF OUR LADY OF ROSARY- ROSARY CHURCH	REFER TO ROSARY VIXOI CHART-SEP ULO	REFER TO ROSARY VIXOI CHART
01/10/2023-SUN	SUNDAY-DAY OF SOCIAL APOSTOLATE	07.30 AM 10.00 AM 04.00 PM	ST PAUL O.L.OF PIETY ST AUGUSTINE
01/10/2023-SUN	P.P.C MEET	08.45 AM	ALL P.P.C MEMBERS
02/10/2023-MON	THE HOLY GUARDIAN ANGELS	07.00 AM	DAILY MASS
02/10/2023-MON	ST FRANCIS OF ASSISI-ASSISI CHURCH	10.00 AM	FRANCISCAN FATHERS
06/10/2023-FRI	SACRAMENTS FOR SICK AND ELDERLY	09.00 AM	PRIESTS
08/10/2023-SUN	27 <sup>TH</sup> SUNDAY IN ORDINARY TIME-DAY OF MASS MEDIA APOSTOLATE	07.30 AM 10.00 AM 04.00 PM	KHURIS MILAGR ----- ST JOHN FACUNDO
08/10/2023-SUN	FEAST OF OUR LADY OF ROSARY- ROSARY CHURCH	10.00 AM	ST CATHERINE SOMUDAI
09/10/2023-MON	VISITATION OF OUR LADY BEGINS-Prayer and Blessing	05.00 PM	ST CATHERINE/ST AUGUSTINE/SFX SOMUDAI
15/10/2023-SUN	28 <sup>TH</sup> SUNDAY IN ORDINARY TIME	07.30 AM 10.00 AM 04.00 PM	CATECHISTS ST LAZARUS ST DOMING
20/10/2023-FRI	THANKSGIVING MASS-ORDINATION DAY OF ASST PARISH PRIEST	07.00 AM	DAILY MASS
22/10/2023-SUN	29 <sup>TH</sup> SUNDAY IN ORDINARY TIME-WORLD MISSION DAY	07.30 AM 10.00 AM 04.00 PM	HOUSE OF BOM JESUS ST FRANCIS XAVIER ST IGNATIUS
27/10/2023-FRI	THANKSGIVING MASS -ORDINATION DAY OF PARISH PRIEST	07.00 AM	DAILY MASS
28/10/2023-SAT	FEAST OF OUR LADY OF HOPE	07.00 AM	HOUSE OF BOM JESUS
29/10/2023-SUN	30 <sup>TH</sup> SUNDAY IN ORDINARY TIME-DAY OF YOUTH APOSTOLATE	07.30 AM 10.00 AM 04.00 PM	PARISH YOUTH PARISH YOUTH PARISH YOUTH
29/10/2023-SUN	PARENTS MEETING	08.30 AM (AFTER 07.30 AM MASS)	PARENTS OF CATECHISM CHILDREN
	PARENTS MEETING	05.00 PM (AFTER 04.00 PM MASS )	PARENTS OF CONFIRMATION CHILDREN

# FIRGOZ MAHITI

Tumche Gonvlli : Pri. Rosario Oliveira (Vigar)  
Pri. Seby Vaz

Kocherint vaur korpi : Ms. Daphny Picardo

Igorjent Xist Samballpi : Ms. Pricila Silveira

## FIRGOZ – KOCHERICHO VELL

### SOMAR TEM SON'VAR

Sokallchim 8.30 tem Don'parchim 1.00  
Sanje 3.00 – 5.30

## DISPOTTIM MISAM

### SOMAR TEM SON'VAR

Sokallche 7.00

### SON'VAR

Sanje 6.00 vaztam (Inglez Baxen Mis)

### AITAR

Sokallim 7.30 vaztam, 10.00 vaztam (Canons'),  
Sanje 4.00 vaztam (Tin Gorjanche Sabinichem Noven)  
Dusrea Aitarak Sokallim 11.00 vaztam (Hindi Baxen Mis)

## POVITR SONVSKARAK BHOZONN

Sukrar, Sokallche 6.30 vaztam, Misam Adim

## ZOMATI

Poilea Aitarak	Firgoz Gonvllik Sobha
Tisrea Aitarak	Dev Sondexkar
Choutea Aitarak	Tornatteank
Sonvara (Sanjechea 4.00 vaztam)	Vedi Sevok

## POT'TO

St. Catherine of Alexendria Church, Sé Catedral, Old Goa. 403 402

## SOMPORK

Email: [secatedralgoa@gmail.com](mailto:secatedralgoa@gmail.com)



## **Prayer for Reconstitution of Parish Pastoral Council**

Heavenly Father / you have created us / in your love.

Your son Jesus, has redeemed us / in His love. In His love, Your Holy Spirit / has anointed us / at our baptism. During this pastoral year, new members / will be elected / to the Parish Pastoral Council / in every parish / throughout our Archdiocese. We, therefore, beseech you, to grant the grace / to all your faithful, especially the lay faithful, to come / to the full knowledge / of your calling. So that we may participate / enthusiastically, in oneness / and humility, / serving whole heartedly / in the parish, / the Parish Pastoral Council / and in this reconstitution process, / under the guidance / of the Parish Priest. / And that new leaders / may be chosen, / to carry out your mission / in every parish.

/ We firmly believe that / it is you alone / who will choose us / through this / election process, / that we may continue / your mission / of redemption / in this world, / as we experience / your great love / and strive / to share it / with all those / around us.

/ O most Holy Trinity / we earnestly seek / your assistance (in silence). All this / we ask of you, / who are at work / at every place / and time. / In communion / with the Son / and the Holy Spirit, / forever and ever. Amen